LEARN THE FACTS Did you know ???

• Every 9 seconds in the US a woman is assaulted or beaten.

• Around the world, at least one in every three women has been beaten, coerced into sex or otherwise abused during her lifetime. Most often, the abuser is a member of her own family.

• Domestic violence is the leading cause of injury to women—more than car accidents, muggings, and rapes combined.

• Studies suggest that up to 10 million children witness some form of domestic violence annually.

• Nearly 1 in 5 teenage girls who have been in a relationship said a boyfriend threatened violence or self-harm if presented with a breakup.

• Everyday in the US, more than three women are murdered by their husbands or boyfriends.

• Ninety-two percent of women surveyed listed reducing domestic violence and sexual assault as their top concern.

• Domestic violence victims lose nearly 8 million days of paid work per year in the US alone the equivalent of 32,000 full-time jobs.

• Based on reports from 10 countries, between 55 percent and 95 percent of women who had been physically abused by their partners had never contacted non-governmental organizations, shelters, or the police for help.

• The costs of intimate partner violence in the US alone exceed \$5.8 billion per year: \$4.1 billion are for direct medical and health care services, while productivity losses account for nearly \$1.8 billion.

• Men who as children witnessed their parents' domestic violence were twice as likely to abuse their own wives than sons of nonviolent parents.

Directions

From I-295 South: Take Exit 25 A, go 5 lights, and make a left onto Sycamore Lane

From The Walt Whitman Bridge: Take Rt. 42 South to I-295 South to Exit 25A, go 5 lights, and make a left onto Sycamore Lane

From the New Jersey Turnpike: Take Exit 3, proceed on Clements Bridge Road, (CR 573), turn right onto Cooper Street (CR 534), turn left onto Delsea Drive (Rt. 47), turn left onto Sycamore Lane

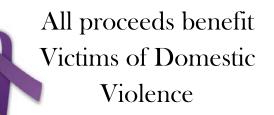
From 42 South: Merge onto Rt. 55 South, take the Rt. 47 exit (exit 56B), turn slight right onto Delsea Drive (Rt. 47), turn right onto Sycamore Lane



USA Track & Field Certified Course



Mayor's Wellness 4th Annual 5K Run/Walk and Kids' 1-Mile Health Walk/ Fun Run





Saturday, April 28, 2012 Race Time 8:00AM Rain or Shine

Location

Fasola Park12 Sycamore LaneDeptford, NJ 08096

Event Schedule

Rain or Shine- No Refunds

Registration	6:45AM- 7:45AM
5K Run/Walk start	8:00AM
Awards Ceremony	9:00AM
1-Mile Health Walk/ (Children Only Age	
Refreshments	

Race Amenities

- * All pre -registered participants will receive a t-shirt
- Race day registrants will receive a t-shirt (while supplies last)
- * Post-race water and refreshments

Register online at through Community Pass at

https://register.communitypass.net/deptford

ホスダンズ

Information

12 & under 16-19

30-39

20-29 40-49

13-15

L

50 & older

Awards

- 5K Run Overall Top Male Finisher
- 5K Run Overall Top Female Finisher
- Top 3 runners in each age group receive medals
- Only those runners finishing in less than 40 minutes will be timed
- All runners finishing within 40 minutes will be eligible for awards

Timing by L&M Computer Sports

Complete order of finish will be available at:

www.lmsports.com

www.deptford-nj.org

Entry Fees (Non– Refundable) Pre Registration until 4/25/12		
5K Run 5K Walk 1M Run/Walk	Pre-Register \$ 20.00 \$ 10.00 \$ 5.00	Day of Race \$ 25.00 \$15.00 \$ 7.00
Runner	Wal	ker 🗖
Full Name Age on Race Day	Sex: Ma	ale 🗖 Female 🗖
Address		
City	State	Zip
Email Address T-shirt Size: M _		 XXI
	L AL M YL	
Total Am	ount Enclosed:_	
D Submit	ke Checks Paya eptford Townsh registration forr 5K Run /Walk 011 Cooper Stre eptford, NJ 080	nip n/fee to: eet
Waiver: I the undersig ous activity. I certify the able and have suffici- ceptance of this entry tled to act on my bel	hat I am, or my min ently trained for I do hereby, for m	nor child is, medically this event. With ac- yself and anyone enti-

y

Signature

tos to be used from this event.

Township, volunteers, or sponsors of the event, for any injuries suffered by me in this event. I also give permission for any pho-